

Your Personal Biometric Recovery Tracker

# MyAdvocate

**SMOKER RECOVERY**

A breakthrough artificial intelligence solution that helps any smoker become a former smoker.



**MyAdvocate for SmokerRecovery** is the only biometric tracker that uses AI to measure your post-smoking biological improvement.

### Track Your Personal Recovery Journey.

Now that you're quitting, help yourself to some of the most powerful technology available to support and track your progress, through every step of your recovery journey.

**MyAdvocate for Smoker Recovery** is completely new, biometric tracking app that detects and measures the respiratory improvements you achieve when you quit smoking or vaping. Using artificial intelligence, it compares your current coughs to the baseline you establish when you quit. Each time you cough, MyAdvocate generates your new Improvement Score, to show you how far your improvement has come and cheer you on.

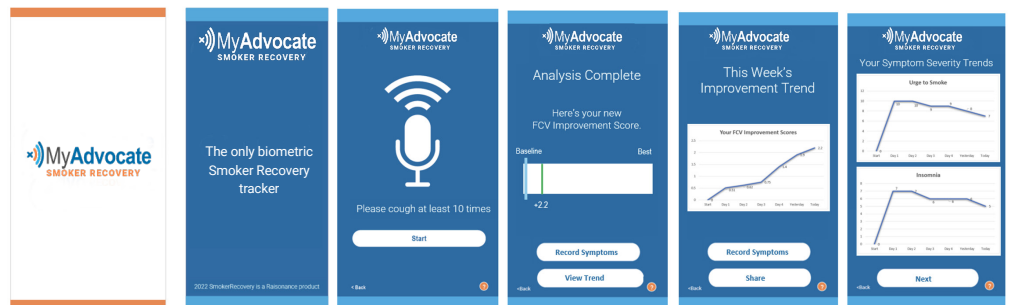
### You Can Do This. Science Can Help.

To set up MyAdvocate, the mobile app guides you through recording several sets of intentional coughs called Forced Cough Vocalizations (FCVs). From those recordings, MyAdvocate uses AI to create your baseline, a composite of your FCV signature as unique to you as your fingerprint.

This baseline is a 3-dimensional representation of your respiratory function, on the day you've decided to quit. With this baseline in place, you can check your progress any time by coughing again into the app. MyAdvocate compares your current cough to your baseline. In about 2 minutes the app shows your new Improvement Score.

In testing for two years, the MyAdvocate biometric AI technology is the only system that uses science to track the changes to your unique FCV as you continue your non-smoking journey. If you were dieting, you'd check your progress by using a scale. To track your smoker recovery progress, use MyAdvocate for Smoker Recovery.

### MyAdvocate for Smoker Recovery App



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